



Family Medicine Residency
A Heritage in Pioneering Resident Education

Basket Raffle

It's "Basket Raffle" time once again. Since 1998, when Marilyn Kelly developed the TMC Lakewood Auxiliary Basket Raffle, hospital departments have donated "themed baskets" with proceeds funding specific hospital projects.

This year, all proceeds will go towards the Family Medicine Residency Rocking Chair program. Each year, at least 12 rocking chairs are presented to new mothers. With the basket raffle this year, the program will increase the amount of chairs given. During a home visit to the mother and infant, our Family Medicine residents present a rocking chair which is helpful in the bonding process. Our residents and faculty have donated baskets and participated in the Basket raffle. Hospital administrative staff sold tickets in the Williams Board room. Over \$5,500 was raised this year for rocking chairs.



Pictured chair given by CFM faculty & staff, photo by Gwen Sprague



Now Posting on CenterPoint: CFM Knowledge Wiki

Leaving the Nest - Job Search Resources

Alumni may send opportunities for residents to: editor@umkcfm.org



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The Ultimate



Spring 2008

umkcfm.org

Volume 8 Issue 1

New Residents

Left to Right:

Chris Blanner, MD
Kiana Boughton, DO
Angela Divjak, MD
Norma Green, MD
Andria Humphrey, MD
Carey Johnson, DO
Nina Karjalainen, MD
Kelly O'Brien, MD
Abbey Oshel, DO
Charissa Richard, DO
Lauren Sachs, DO
Sarah Taylor, MD
Chelle Vale, DO

photos by Gwen Sprague

Spring Features:
Alumni Spotlight
Medical Library
Basket Raffle
Servant Leadership

PGY-1 Family Medicine Residents Starting July 1, 2008

FAMILY MEDICINE RESIDENCY PROGRAM

Class of 2011

Chris Blanner, MD - Mizzou
Kiana Boughton, DO - KUMC
Angela Divjak, MD - Wisconsin
Norma Green, MD - Mizzou
Andria Humphrey, MD - Meharry
Carey Johnson, DO - Des Moines
Nina Karjalainen, MD - Tufts/Finland
Kelly O'Brien, MD - IU
Abbey Oshel, DO - Des Moines
Charissa Richard, DO - KUMC
Lauren Sachs, DO, MBA - KUMC
Sarah Taylor, MD - UMKC
Chelle Vale, DO - KUMC

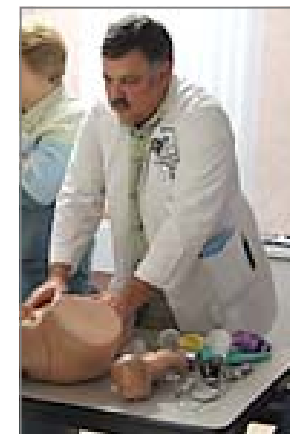


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Laughter is Still the Best Medicine



Dr. Steve Griffith, photo by Gwen Sprague

For student electives in:
Family Medicine,
Geriatrics, Surgical OB
call Denise: 816-404-7753

R. Stephen Griffith, MD has announced he will leave his position as the Chair, Department of Community and Family Medicine and continue as a member of our faculty.

Each time I introduce a new applicant to Dr. Griffith, I always say, "Dr. Griffith is my family doctor. You will like him. He's a great guy!" I am certain that all who have worked with him feel as I do. He has a wonderful sense of humor, and his demeanor is one you would want at your bedside if you were sick.

Previous to his tenure as Chair of our department, Dr. Griffith served as the Family Medicine Residency Program Director for nine years. As Chair, his passion for the program has continued. The Residency office greatly appreciated his time and his insightfulness when interviewing and ranking applicants.

Dr. Griffith continues to be a role model for faculty, residents and staff. All who know him find him compassionate, understanding and easily approachable.

As for outside activities Dr. Griffith stays busy with his son and daughters. On occasion, you might find him acting as "stable boy" for their horse!

I recently spoke to previous patients of Dr. Griffith. They mentioned they could no longer see Dr. Griffith due to an insurance change. They spoke very highly of him.

We are thrilled Dr. Griffith is just changing "titles" and will remain on staff at TMC Lakewood. It would not be the same place without him or his words of wisdom! We are glad he will continue to teach our residents.

Kimberly S. Sixkiller
Assistant to Residency Program Director



To submit requests for future newsletters, email: info@umkcfm.org

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Thomas A. Nicholas, MD



Dr. Christopher Adams, MD, MBA, a 2007 graduate of our Family Medicine Residency Program, will soon complete a *Sports Medicine Fellowship*.

Dr. Adams attended Blue Springs High School where he participated in cross country and baseball. While in high school, he was interested in German and Physics and considered becoming a teacher. With a 4.212 grade point, Dr. Adams received a full scholarship to Missouri University School of Law. However, upon learning about the UMKC combined six year program for graduate degree and medical degree, he applied and was accepted into the UMKC program.

Many years prior, Dr. Adams' personal family physician recognized he would make an excellent doctor. Upon reflection, it was apparent his educational goals were directed towards medicine and when it came time to select a residency, Dr. Adams felt Family Medicine was a perfect profession for him.

While a resident at TMC, Dr. Adams decided to pursue a fellowship in Sports Medicine. Upon completion he plans to work with young adults in a high school or small college environment. Dr. Adams believes the main focus of sports medicine is to promote exercise as preventative medicine. He recommends parents give children plenty of choices and most importantly, encourage them to have fun.

Dr. Adams feels a Family Medicine residency provides physicians with a broad scope of practice. For those physicians wanting additional training, he encourages selecting an area of medicine they are passionate about. The Sports Medicine fellowship has provided Dr. Adams with increased knowledge regarding orthopedic injury care, and in talking to patients about specific exercise.

Dr. Adams enjoys sports, especially ultimate Frisbee, which is similar to football, basketball, and soccer using a Frisbee.

Dr. Adams feels his MBA degree, which he completed in residency, has assisted him during his fellowship and development of the Sports Medicine Center.

Dr. Adams plans to marry Hannah this May in Blue Springs. The faculty and staff certainly appreciate all the contributions Dr. Adams has made to our residency and fellowship. We congratulate him and wish him much success in his future endeavors.

SERVANT LEADERSHIP

Learning to heal is a powerful force for transformation and integration. One of the great strengths of servant-leadership is the potential for healing one's self and others. In "*The Servant as Leader*", Greenleaf writes, "There is something subtle communicated to one who is being served and led if, implicit in the compact between the servant-leader and led is the understanding that the search for wholeness is something that they have."

ALUMNI SPOTLIGHT

3. HEALING

FOCUS ON MEDICAL LIBRARY

The librarian makes the library. Gwen Sprague, MLS, Clinical Medical Librarian, has a knowledge of diagnosis and treatment issues, and expertise in information delivery which has a strong impact on patient care. The CML at Truman is "a tremendous asset to the medical center staff" according to Jim Kelly, who says, "Gwen Sprague is an extremely valued member of TMC Lakewood. The residency office has found Gwen's talent and abilities invaluable. Her continuing help with our recent website design was greatly appreciated.."

Gwen wears "many hats." She is a terrific photographer and takes our resident and faculty photos. She has lectured on "Health Literacy" for noon conference and conducts bibliographic instruction as needed. Faculty, medical students and residents are often found in the library seeking Gwen's assistance.

During 2007, Gwen conducted hundreds of literature searches, and networked with other libraries to provide more than 500 articles from beyond our library walls.

Faculty and residents speak of Gwen's outstanding abilities:

"Absolutely could not have done noon conference without her! She is one of the most invaluable resources to residents in this program!" *Krystal Keup, MD, Resident Intern*

"Gwen has always been very helpful with every educational or medical library project for which I have consulted her. She is a wealth of important information and skill." *L Michael Silvers MD, Vice-Chair DC&FM.*

"Gwen is always willing to help and goes above and beyond whenever I have requested information regarding any topic. Not only does she provide great articles, she often finds photos, charts, etc. to help visually clarify the data. Gwen's help was invaluable in helping me cite correctly my resources for a chapter I wrote. She also proofed it for me and I appreciated her constructive criticism." *Debra Ahern, DO, Faculty*

"Gwen has always gone out of her the way to help me. She has responded quickly and thoroughly to all my requests. She has even given me advice on photography which I really appreciated." *James Steffen, MD, Pediatrics*

"Gwen has been very helpful for the Geriatric Medicine Fellowship in locating online articles about Geriatric Psychiatry and also helping set up the UMKC Blackboard site for the fellowship." *Jon Dedon MD, Geriatric Fellowship Director*

"Gwen Sprague has been a Godsend in obtaining articles for my Annual Board Certification in Obstetrics and Gynecology. Without her help, I would be a basket case!" *Peter B. Greenspan, DO, FACOG*

"Gwen is extremely valuable to our Family Medicine Residency Program as our Medical Librarian. She always goes out of her way to help find a resource or information for everything I have asked. She is very kind, helpful and delightful to work with." *Maria Badami, DO, PGY II Resident*

"Gwen is always willing to help find textbooks, articles and advice. She is also a great person just to have a conversation with. She has experienced many things in her life." *Jason Meleth, MD, PGY III Resident*

"Gwen has done a great job with her HTML experience with building our website and intranet from an educational standpoint of asynchronous learning, and getting feature formats to residents; she gets information quickly to people who need it." *Todd D. Shaffer, MD, MBA, Program Director*

The TMC-Lakewood Medical Library is a full member of the National Network of Libraries of Medicine. Its mission is to meet the health information needs of the medical and dental staff, faculty, residents, fellows, nurses, allied health professionals and employees of TMC-Lakewood. The library is open 24 hours a day, seven days a week, providing clinical staff constant access to the latest medical literature, improving patient outcomes and safety. Resources available include:

- Onsite journal and monograph collection
- Onsite consumer health collection
- Reference service
- Bibliographic instruction
- Literature searching
- Article retrieval
- Interlibrary loan
- Technology instruction
- Educational program support

Computer workstations in the library and throughout the hospital provide resources including online reference, searching, internet, intranet, MS Office and printing. Copying, faxing and scanning are also available.

The library received the 2007 Award for Outstanding Excellent Return on Investment in a Health Science Library. The new Library intranet site was implemented in 2007 and includes an online search request system. Upcoming additions of online journal access and library catalog access are scheduled for 2008.

Faculty, residents medical students, alumni and TMC employees are encouraged to visit our library. If you have a question...Gwen is the person who can help you.

