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*PGY-1
Family Medicine Residents
Starting July 1, 2011*



*University of Missouri-Kansas City
Dept. of Community and Family Medicine*

Truman Medical Center Lakewood
7900 Lay's Summit Road
Kansas City, MO 64139
Phone: 816-494-7792
Fax: 816-494-7790
email: info@umkc.org
Program Director: Todd Shaffer@trumanmed.org

Class of 2014



Avery Abernathy, DO, MS *KCUMB* Mitchell Bartley, DO *Lincoln Debusk* Kris Cowan, DO, MBA, MHA *AT Still - Kirksville* Kelly Jo Easley, MD *U of Kansas* Britney Else, DO *KCUMB* Jennifer Forsyth, DO *KCUMB* Drew Glover, MD *UMKC*



Chris Jenks, MD *U of Kansas* Susan Kunkel, MD *U of Arizona* Annie Lewis, DO *Chicago Midwestern* Robert Miley, DO, MBA *KCUMB* Erin O'Laughlin, DO *KCUMB* Jackie Price, DO *AT Still - Arizona* Pete Scaletty, MD *U of Kansas*



Lakewood Wellness Center



Open from 5:00am—12:00am, everyday

To get to the Wellness Center, from the first floor, exit the Care Center near the bird aviary.

Take the sidewalk to the first door on the right, and use the badge to enter. The Wellness Center is at the end of the hall on the left.



To be granted badge access, visit Employee Wellness on CenterPoint and complete the Member Agreement.

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and Family Medicine

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Alumni Praises Smoke Free Efforts

Reprint from NewsTribune.com—
Missouri's Capitol City News...March 20, 2011

Dear Editor:

In spite of Missouri flunking all categories in the recent American Lung Association's report, "State of Tobacco Control 2010," there is a silver lining for our state — Jefferson City.

Prior to November, Jefferson City was one of only seven capital cities in the nation without a smoke-free ordinance. Fortunately, the haze has now lifted and we have a beautiful smoke free city!

As we experience the changes this ordinance brings, it is an important time to reach out to smokers in our community. According to the Centers for Disease Control, Missouri has the sixth highest tobacco use rate with 23.1 percent of citizens lighting up.

The Surgeon General's report says it is "the most important step (you) can take to improve (your) health." No one is saying it is easy, just worth it.

Some skeptical smokers tell me that they feel everything is blamed on smoking. Although when you consider tobacco smoke contains more than 7,000 chemicals and your blood stream carries various poisons to all parts of your body, it becomes more understandable how it has such widespread and varied

consequences. Put simply, there is absolutely no level of exposure that is safe for a smoker or those around them.

So let's seize the opportunity to talk about smoking cessation, share tips and pat on the back. For those thinking about quitting or trying to quit, there are many resources available. Web sites such as smokefree.gov, familydoctor.org and cdc.gov/tobacco provide general information, as well as links to other organizations. Speaking with your family physician is another great place to get support, encouragement and, when indicated, prescription medications to help. For smokers who don't have access to the Internet, 1-800-QUIT-NOW is a free, phone based service with educational materials and coaches who can help smokers quit. If you tried to quit and started again, remember many people try more than once before they quit for good.

Once again, congratulations Jefferson City on protecting our children, co-workers, family and friends from second-hand smoke. Please join me in encouraging smokers in Missouri to make the same decision for themselves and make 2011 the year to quit!

Katherine Friedebach, MD, Medical Director, Community Health Center of Central Missouri

MAFP Legislative Day in Jefferson City



Doctors pictured L to R:

Kathleen Eubanks-Meng, DO

Brandon Wiese, MS IV

Norma Green, PGY III

Julie Wood, MD

Todd Shaffer, MD, MBA

Dan Purdom, MD

Patient Centered Medical Home Teams

Three Patient-Centered Medical Home (PCMH) teams have been going for several months now at TMC-Lakewood.

Access and Scheduling Process Improvement (PI) team, falls under **Access to Care and Information**, which supports: Heath care for all, Same-day appointments, After-hours access coverage, Accessible patient and lab information, Online patient services, E-visits and Group visits.

Team Leader: Shelly Phinney

Team Members: Nick Johnson, Robin Lockler, Lainie Franklin, Sandra Young, Darion Wesley, Drs. Todd Shaffer, Kara Meler and Allison Critchlow

The **Access and Scheduling PI** team goals are:

- To provide access to care for established patients in the Family Medicine Residency clinic when they want/need to be seen
- To provide access to newly diagnosed OB patients when they want/need it



Access & Scheduling Process Improvement Team 'Pigs Fly Award'

Health Information Technology, supports: Electronic medical record (EMR), orders and reporting, e-prescribing, Evidence-based decision support, Population management registry, Practice Web site, and Patient portal.

Team Leader: Dr. Michael Brown

Team Members: Drs. Debra Ahern, Angela Divjak, Meg Gibson, Norma Green, Laura Hempstead, Billy Irons, Joe Ketcherside, Cameron Murphy, Michael O'Dell, Pam Rizza, Ryan Sears, James Steffen; Pharm Ds. Melissa Gabriel and Julie Kozlowski; Shannon Bolton, Lea Champion, Todd Fane, Bobette Green; Nick Johnson, Deb Joyce, Tim Kennedy, Stella Ledoux, Robin Lockler; Shelly Phinney, Gina Scott, Sylvia Skali, K.C. Stokes

The **Health Information Technology** team goal is:

- To ensure medication reconciliation is complete at each clinic visit by the right person at the right time.
- Practice Based Care** team combined with the HIT Team. They have been working on the Medication Refill Process.

Teams now have their own page on CenterPoint by clicking on the PCMH button at the top of the Family Medicine page. Faculty, residents and team members will soon be able to view team postings.

Look for additional team efforts in **Practice Based Care and Practice Management, Quality and Safety, Care Coordination** and **Care Management** soon.

Residency Administrative Development / Residency Program Solutions

Pre-conferences were on Saturday April 2nd. The Association of Family Medicine Administrators (**AFMA**) holds **RAD** and **Dr. Laura Hempstead** presented on **A Key to Better Relationships, In the Workplace and at Home**. In addition, **Kimberly Sixkiller** presented on **Emotional Intelligence**. Both Dr. Hempstead and Kimberly Sixkiller served on a panel board on **New Duty Hours**, including staffing/structure changes with **Dr. Perry Pugno** of the American Academy of Family Physicians (**AAFP**).

The **AAFP Residency Program Solutions (RPS)** conference

took place April 3-5th, 2011. There were many workshops, several of which this year included the topic on the Patient Centered Medical Home .

Program Director, Dr. Todd Shaffer also presented on **Writing Competency-Based Goals and Objectives**.

Lainie Franklin and Shelly Phinney also attended the conference. The conference being local in Kansas City is a great resource for quality improvement and networking by sharing ideas for Community & Family Medicine!





7900 Lees Summit Rd.
 Kansas City, MO 64139
 Phone: **816-404-7751**
 Fax: 816-404-7756
 Website:
www.umkcfm.org

Student electives in:
Family Medicine,
Geriatrics, FM Obstetrics
 Email Jackie:
waresodsodj@umkc.edu



Family Medicine Focus



Geriatric Center of Excellence

Dr. Jon Dedon, Geriatric Fellowship Director has been working in collaboration with TMC to bring in Gero-psychiatry to Lakewood. We welcome **Drs. Melanie Gentry** and **Sankar Kodidhi**, along with Behavioral Health Nurse **Susan Van Fossen** to our team. Our fellows will be able to work with these physicians to bring greater spectrum of care to our older patients.

Dr. Dedon and **Dr. Michael O'Dell**, Program Chair, have also been part of a team of health care professionals on the **UMKC Aging Consortium** that meets monthly. Disciplines include: *Architecture, Urban Planning & Design; Bloch School of Business/Public Affairs; Center for Aging Studies; Civil & Mechanical Engineering; Community & Family Medicine; Institute for Human Development; Music Education/Therapy; Nursing; Psychology; School of Dentistry and Social Work.*

When Pigs Fly Award Lainie Franklin, MPH

Lainie received the award by sending an email to Jeremy Holmes at UPA to get a response for Dr. O'Dell on unique patient data he had inquired on for months.

Good work, Lainie!



Bundles of Joy



Twins, Ethan & Heston,
 November 29, 2010



Makenna Jade Buckley
 January 22, 2011

Andrew Miles Beltran
 March 30, 2011

Maggie Christine Oshel,
 January 11, 2011